



# CRUDI

## Celebrating Rural Diversities with European Youth

Erasmus+  
Training  
Course

2026

24th - 29th March

Antas de Ulla (Lugo)  
Spain

ORGANIZED BY:  
Revista Soberanía Alimentaria  
Biodiversidad y Culturas



CO-FUNDED BY:  
Erasmus+ Programme  
of the European Union





# WHAT IS CRUDI?

A 6 days training course for youth workers  
(24th - 29th March)

Arrivals: 23th of March (check-in at 17:30)

Departures: 30th of March (check-out at 17:30)

14 participants / 5 facilitators

Participants:

Italy (2), Portugal (2), Denmark (2),  
Netherlands (2), Spain (6).





# OBJECTIVES

**A workshop to learn, construct and think together about sexual, gender and cultural diversities in rural areas, on we will gather practical experience, experts and dinamizers.**

## **Main Goal:**

To transform the imaginary about rurality and the LGTBIQA+ collective in rural areas of Europe.

## **Specific Objectives:**

- 1.To train a group of youth workers in different methodologies and practices to raise awareness and activate young people on LGTBIQA+ and rural issues.
- 2.Experiment with celebration and other inclusive tools to appreciate diversity in youth groups and facilitate safe spaces for coexistence, both online and offline.
- 3.Create and strengthen a network of youth work and rural dynamisation at European level.



## OUR PARTNERS :)





# THE TRAINING WILL OFFER:

It will be a joyful opportunity to know the learnings of the people that make real every summer the popular celebration of cultural, sexual and gender diversity of this little rural place named Monterroso, in the region of A Ulloa, Galiza (Spain).

<https://festivalagrocuir.wordpress.com/>

- Getting to know the territory where it is held and its socio-cultural and agroecological initiatives.
- Discussing the challenges and possibilities of organising inclusive and sustainable cultural events in different European rural contexts.



- Learning tools to promote processes of inclusion of sexual and gender diversity in youth and rural organisations.
- Sharing doubts, strategies, difficulties and solutions to expand our skills in integrating diversity from an intersectional perspective



# ABOUT THE COSTS AND THE TRAVEL

**CRUDI** training course is co-funded by Erasmus+ programme, therefore all accommodation, food and materials costs will be covered by the project.

**Travel costs** will be fully reimbursed up to the maximum allowed amount per country. In order to guarantee a low environmental impact of the project, only Green travels will be allowed.

**Green travel** is defined as “the travel that uses low-emissions means of transport for the main part of the trip, such as bus, train or car-pooling” (Erasmus+ Programme Guide).



## MAXIMUM AMOUNT PER COUNTRY

**Italy:** 417€

**Portugal:** 285€

**Denmark:** 535€

**Netherlands:** 417€

**Spain:** 0€ - 285€ - 417€



# WHERE: A Casa da Terra



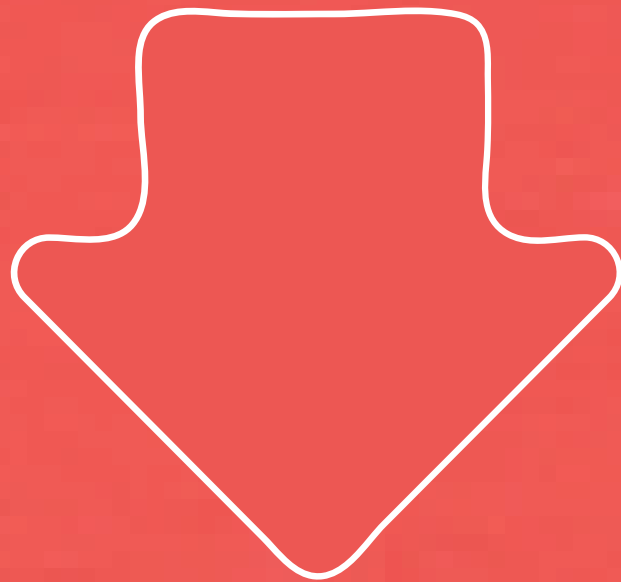
[www.casadataerra.com](http://www.casadataerra.com)

**A Casa da Terra** is a sustainable accommodation in a small village located in the geographical centre of Galicia and less than 7km from the village of Monterroso, headquarters of the Festival Agrocuir. That is to say, in the region of A Ulloa itself, the area of influence of the festival's organising group, where the river Ulla flows, and the various projects and initiatives to be visited during the course are located. The surrounding natural context is composed of beautiful meadows and forests. The structure is equipped with a professional kitchen, a large dining room, one lodge with a capacity to accommodate 18 people and a room for comfortable group work.

# HOW TO ARRIVE?

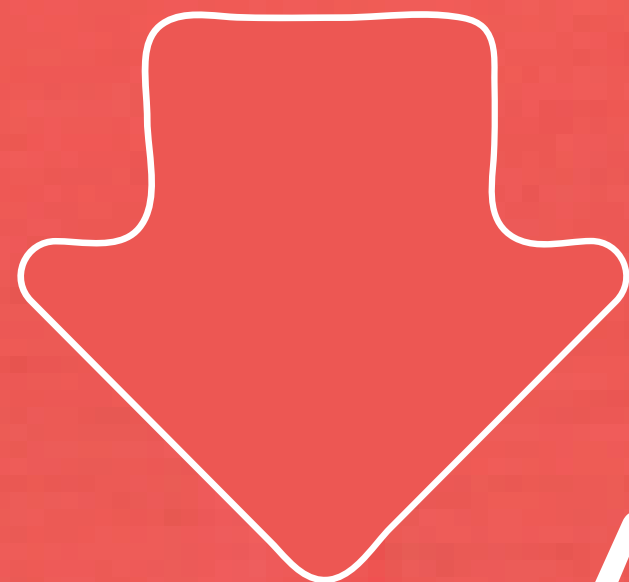


Ourense



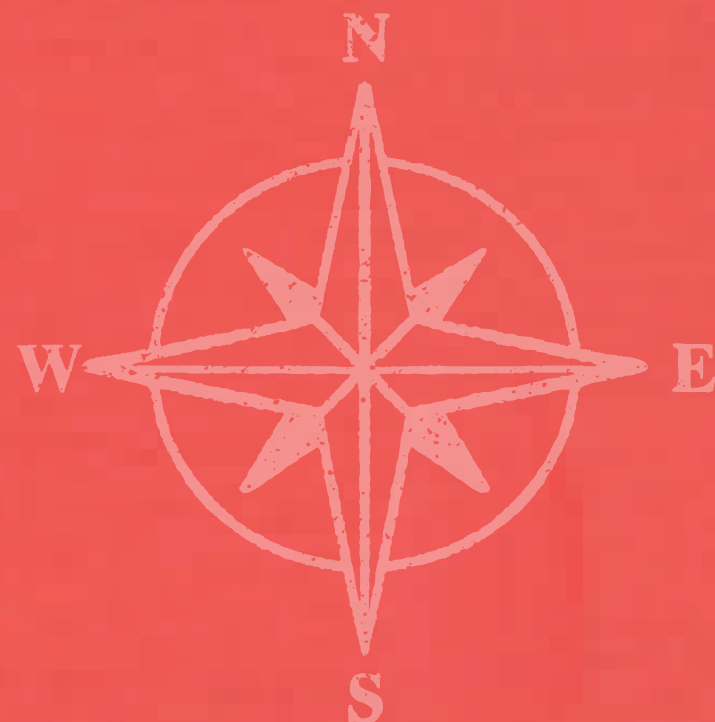
by bus

Monterroso



by car

A Casa da Terra



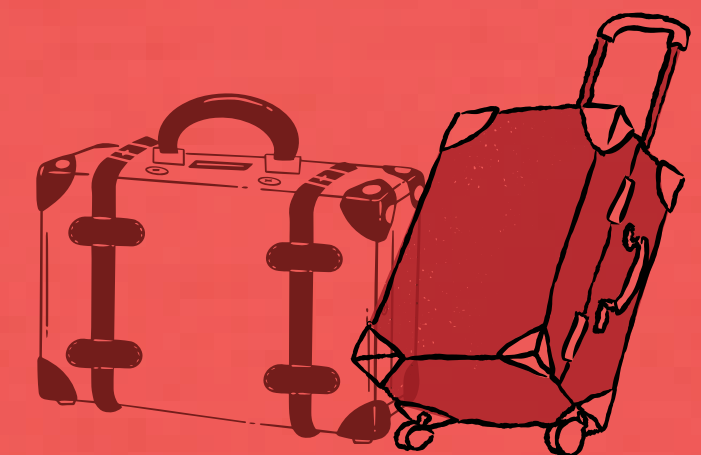
**TRAIN**  
[www.renfe.es](http://www.renfe.es)



**BUS**  
[www.arriva.es](http://www.arriva.es)  
+34981311213



**CAR**  
last part of the trip  
will be done with  
our own car







# Revista Soberanía Alimentaria Biodiversidad y Culturas

Soberanía Alimentaria, Biodiversidad y Culturas (SABC) is an association registered in Catalonia, Spain, formed by more than fifty entities, responsible for publishing a quarterly magazine.

Our magazine is a publication for information, debate and reflection on everything that conditions rural life, agriculture and food, with a special interest in valuing and making visible the diversity of rural cultures.

Here you will find critical thinking that wants to help to build new social and economic realities to leave capitalism behind.

Visit us on:

<https://www.soberaniaalimentaria.info/>  
(and on our social networks!)





WE ARE WAITING FOR YOU ;)



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